Role of an Ancestral Protein in the Mechanism of Restorative Sleep

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Risk to Patients from Surgery: *post-operative sleep disturbance*

PATIENTS, who are hospitalized for surgery:

- Most show impaired REM and SWS during first week
 - ~25% show sleep disturbance lasting more than two weeks



Causes: *post-operative sleep disturbance*

- Invasiveness of the surgery (pain, cytokine release *etc*.)
- Environmental factors (noise, lighting *etc.*)
- Psychological factors (anxiety, stress *etc.*)
- Care-related issues (vitals, diagnostic procedures *etc*.)
- Agents (opioids, inhalational anesthetics *etc.*)



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Isoflurane to **healthy** volunteers: <u>brief</u> impairment of sleep architecture



Moote and Knill, 1988

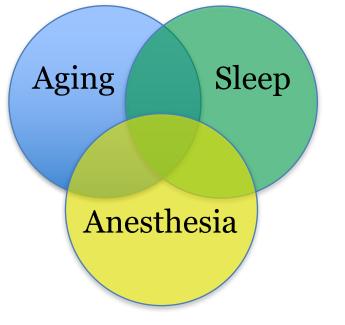
Risk to Elderly Patients from Surgery: *post-operative cognitive dysfunction*

PATIENTS over age 60, who are hospitalized for surgery:

- ~40% show cognitive dysfunction on discharge
- ~12% have cognitive issues 3mo post-op



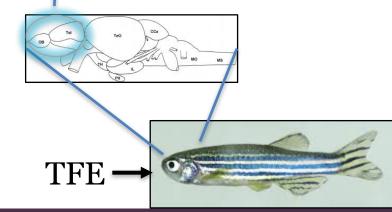
Rundshagen, 2014



What is the underlying mechanism of <u>restorative sleep</u>?

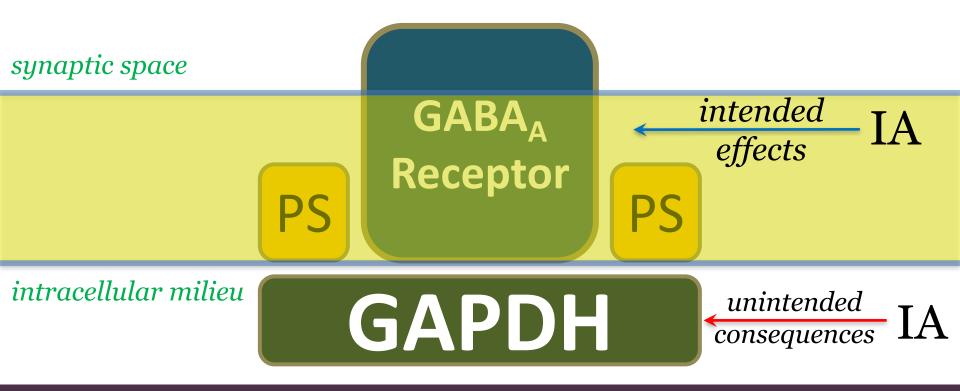
ZEBRAFISH, as the animal model



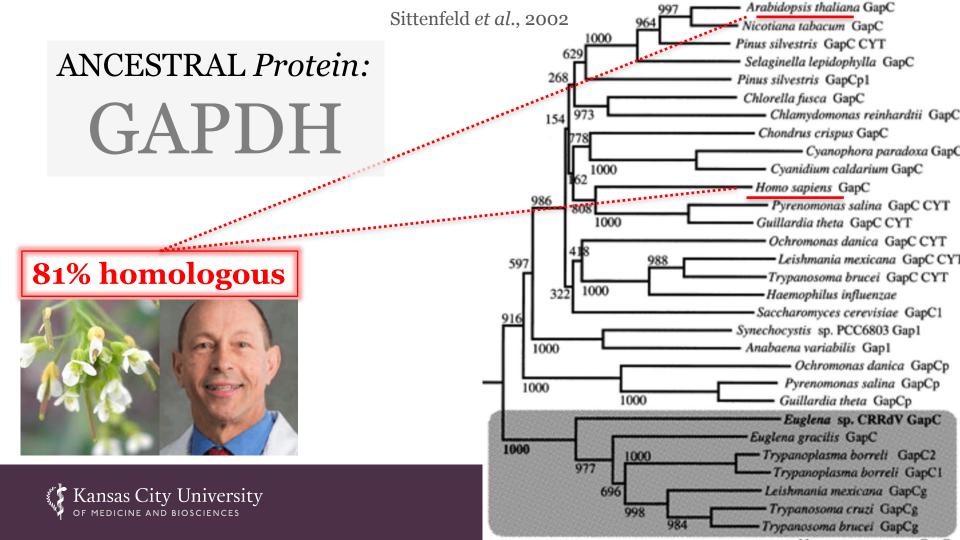


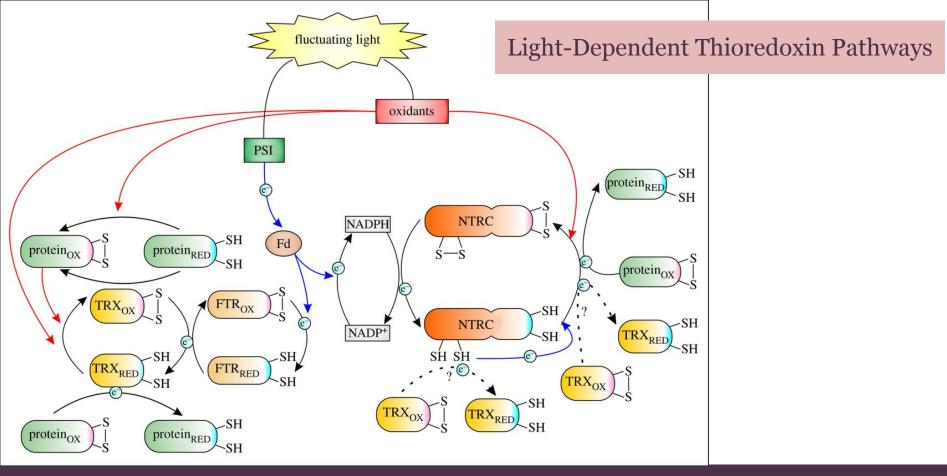


Target Neuronal Macromolecular Complex



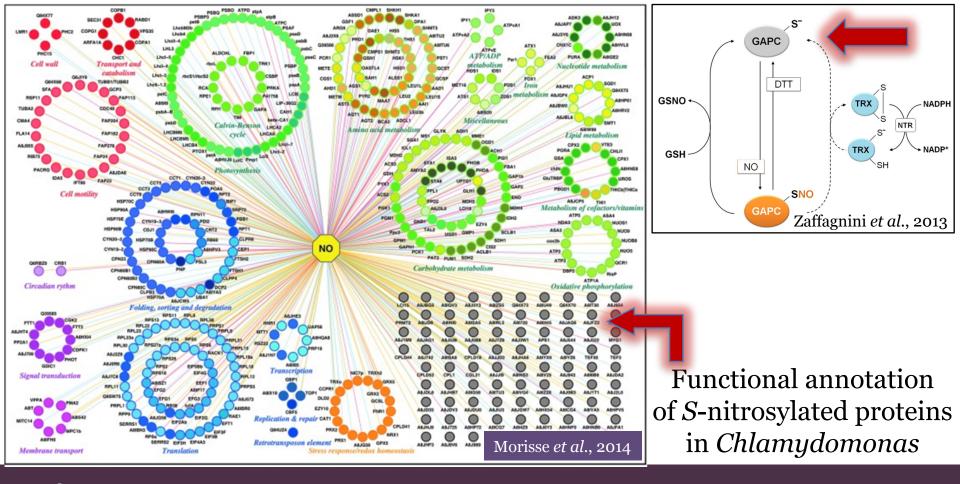




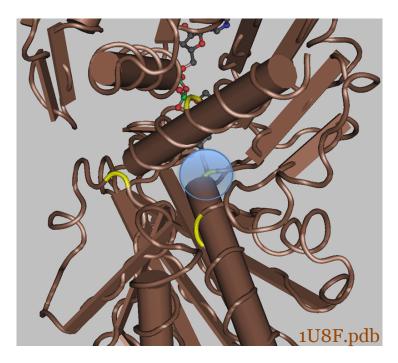




Nikkanen and Rintamäki, 2014



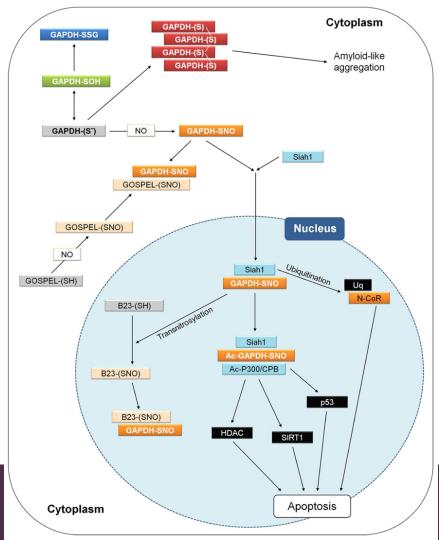




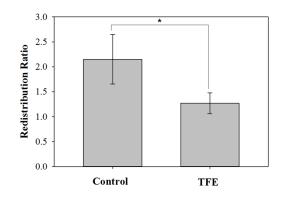
GAPDH: nuclear translocation

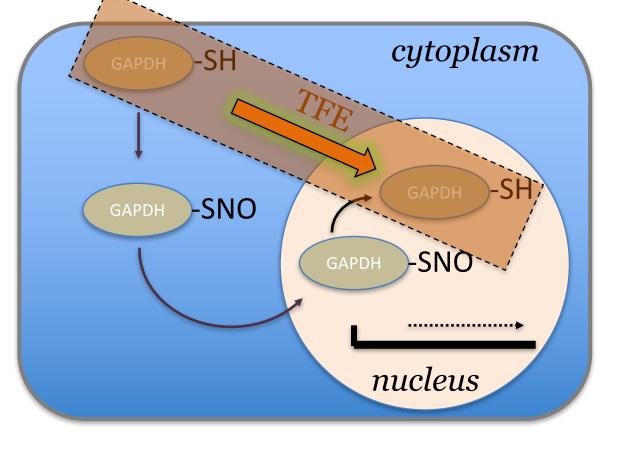


Zaffagnini *et al.*, 2013



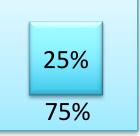
Our Study: *key observation*

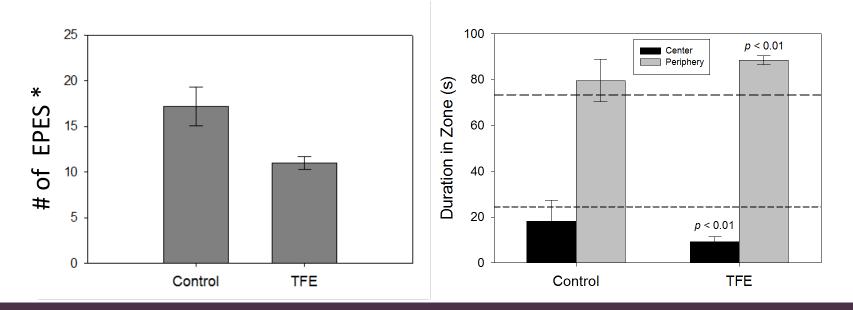






additional observations...



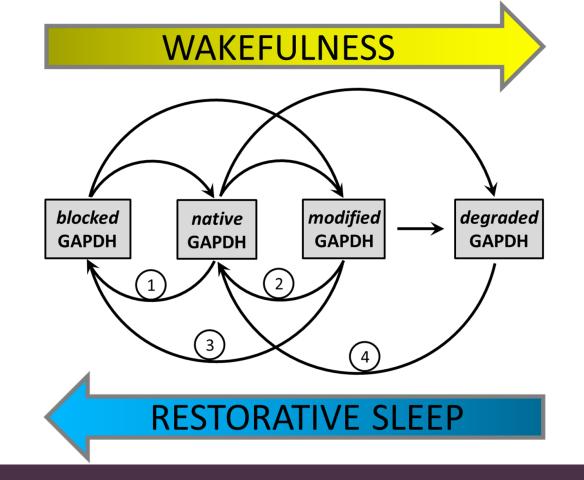


Kansas City University of medicine and biosciences

* EPES: normal swim bursts

conclusions







Brain Gene Expression:

SLEEP Genes

- NAPDH Synthesis:
 - Transketolase
- Glutathione System:
 - glutathione peroxidase
 - glutathione S-transferase
- Sulfhydryl-Related Proteins:
 - N-ethylmaleimide sensitive factor
 - cysteine-sulfinate decarboxylase

WAKEFULNESS Genes

- Glutamatergic Signaling:
 - Vesl/homer [receptor clustering]
 - glutamate/aspartate transporter
 - glutamine synthetase
- Aerobic Energy Metabolism:
 - pyruvate dehydrogenase phosphatase
 - cytochrome b oxidase
 - GLUT1 [glucose transporter]



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acknowledgements

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Questions?

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