



# SASM

## Society of Anesthesia and Sleep Medicine

### #SASM2024 14th Annual Meeting

#### *Monitoring the Future of Anesthesia and Sleep: Developments in Technology and Treatment*

Sleep is a foundation of health, and the effects of sleep disorders can be broad and significant. The impact of sleep disorders on hospitalized patients and patients receiving anesthesia are complex, and new data continues to emerge about the most effective ways to diagnose and care for patients in the hospital and at home.

Join us for this high impact meeting with experts discussing topics including post-operative respiratory monitoring, novel methods of delivering PAP therapy, wellness and sleep, and novel medications and their impact on anesthesia. Other topics include surgical evaluation and treatment of sleep apnea and pediatric sleep apnea. Additionally, we will hear from patient speakers as well as receive updates from SASM leaders related to perioperative care of patients with sleep disorders. Our meeting will also include a hands-on workshop where participants will be able to speak with experts in sleep medicine and anesthesiology.

This course is designed to be high yield for people working in the fields of anesthesiology, sleep, medicine, perioperative and critical care and inpatient medicine and will be valuable for people at any level of training.

#### **Continuing Education Credits**

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Society of Anesthesia and Sleep Medicine. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Amedco Joint Accreditation #4008163.



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**Marriott Philadelphia Downtown**  
October 18, 2024 | Philadelphia, PA

Visit [www.sasmhq.org](http://www.sasmhq.org)  
to register for the  
Annual Meeting

# We are thrilled to announce Dr. Richard Schwab as our 2024 Keynote Speaker!

Dr. Schwab is a Professor of Medicine in the Department of Medicine of the University of Pennsylvania and Chief of the Division of Sleep Medicine.

Dr. Schwab received his undergraduate degree from Haverford College and his medical degree from the University of Pennsylvania School of Medicine. He completed his Pulmonary/Critical Care and Sleep Fellowship at the University of Pennsylvania in 1991. Dr. Schwab has emerged as a preeminent investigator in the field of upper airway imaging and sleep apnea. He has developed and utilized sophisticated magnetic resonance imaging and volumetric analysis paradigms to study the mechanisms leading to sleep apnea. His research has resulted in seminal observations about the genetics, pathogenesis and treatment of obstructive sleep apnea. He has shown the importance of the lateral pharyngeal walls and the volume of the tongue in the pathogenesis of sleep apnea. In addition, he has shown that reductions in tongue fat mediate the improvement in sleep apnea with weight loss. Finally, Dr. Schwab has successfully mentored a number of pulmonary/sleep fellows and he started the ASPIRE fellowship which provides a pipeline for next group of pulmonary/sleep leaders.



## Hands-on Workshops

Join us for an exciting series of hands-on workshops designed to enhance your expertise in the latest advancements in sleep diagnostics and therapeutics. Delve into our sleep diagnostics workshop for a comprehensive exploration of traditional diagnostics, wearables, and the innovative applications of point-of-care ultrasounds. Expand your skills in our therapeutics workshop through immersive sessions on PAP therapy, high flow nasal oxygen, and post-op monitoring. These interactive workshops provide a unique opportunity to learn from leading experts, engage in practical demonstrations, and gain valuable insights to elevate your clinical practice. Don't miss out on this chance to stay at the forefront of sleep medicine and patient care.





# Schedule of Events

Time	Session	Speaker
7:30 AM	Registration Opens	
8:00 – 8:10 AM	Welcome Address	Dr. Bhargavi Gali, MD SASM President
8:10 – 9:05 AM	WORKSHOP – Sleep Diagnostics: Traditional Diagnostics, Wearables & Point of Care Ultrasound	Dr. Mandeep Singh, MD
		SASM Workshop Committee
Break/Exhibitor Showcase		
9:10-9:35 AM	Eyes Wide Shut: Navigating the Hazards of Sleep Loss in Anesthesiology	Dr. Haleh Saadat, MD, FAAP
9:40 -10:05 AM	Surgical Selection for Sleep Apnea Patients	Dr. Juliana Rodin, MD
10:10 -10:35 AM	Home Monitoring of Post-Operative Orthopedic High-Risk Opioid Subjects	Dr. Robert Mazzola, MD, MSPH, FCCP
10:40 – 11:05 PM	New Discoveries in PAP Therapy	Dr. William Noah, MD
11: 10 – 11:30 AM	Perioperative Considerations in Patients on GLP-1 Agonists in 2024	Dr. Anu Wadhwa, MD
11:35 – 11:55 AM	Abstract Presentations	
	Exhibitor Showcase	
11:55 – 12:40 AM	Lunch	
	Exhibitor Showcase	
12:45-1:30 PM	KEYNOTE: Understanding the Improvements in OSA with Weight Loss Medications	Dr. Richard Schwab, MD
1:35 – 2:30 PM	WORKSHOP – Therapeutics: PAP therapy, High Flow Nasal Oxygen, Post-Op Monitoring	Dr. Mandeep Singh, MD
		SASM Workshop Committee
Exhibitor Showcase		
2:35 – 2:55 PM	When Dreams Break Through, Living with REM Sleep Behavior Disorder	Ray Merrell, Project Sleep
3:00 – 3:20 PM	Rising Voices: Mary’s Narcolepsy Story	Mary Schneider, Project Sleep
3:25 – 3:50 PM	Pediatric OSA and Anesthesia	Dr. Leah Templeton, MD
3:55 – 4:20 PM	Reimagining Diagnosis and Management of Sleep Apnea beyond the Apnea-Hypopnea Index	Dr. Ankit Parekh, PhD
4:25 – 4:50 PM	SASM Guidelines for Postoperative Management of patients with OSA	
4:50 – 5:10 PM	Award Ceremony	
5:10 – 5:15 PM	Closing Remarks	Dr. Mandeep Singh, MD SASM Incoming President