

SASM 5TH ANNUAL MEETING OCTOBER 22-23, 2015
HILTON SAN DIEGO BAYFRONT
SAN DIEGO, CA

PRACTICAL MAGIC: OPTIMIZING RESOURCES FOR BEST OUTCOMES

PROGRAM CHAIR: PETER GAY, MD MAYO CLINIC PROGRAM CO-CHAIR:
GIRISH P. JOSHI, MBBS
UNIVERSITY OF TEXAS
SOUTHWESTERN MEDICAL CENTER

ACCREDITATION INFORMATION

PROGRAM OBJECTIVE

The objective of this meeting is to provide a forum for discussions pertaining to the common grounds between sleep and anesthesia. The goal is to promote excellence in medical care, research and education in anesthesia, sleep medicine and perioperative medicine.

TARGET AUDIENCE

This conference is designed for anesthesiologists, critical care physicians, residents, fellows-in-training, general medicine physicians, pulmonary physicians, sleep medicine physicians, surgeons, scientists and allied health care professionals.

PRACTICE GAPS

The overall goal of SASM is to advance standards of care for clinical problems shared by anesthesiology and sleep medicine, including perioperative management of sleep disordered breathing (SDB), and to promote interdisciplinary communication, education and research in matters common to anesthesia and sleep.

To identify and address present clinical practice gaps we propose to:

- Explore the interaction between sleep and various hospital outcomes within different scenarios and areas of the hospital.
- Examine the challenge to identify post-operative complications that many patients develop associated with sleep disordered breathing (SDB) under different scenarios. Most surgeries are now approached with an outpatient format. These outpatient surgery practices need special attention, especially for those with SDB.
- Provide an ideal format for continuous development and review for newer agents and procedural approaches. The need for appropriate sedation and analgesia in the hospital setting for surgical patients is widely promoted, but comes at the expense of respiratory and other complications.

LEARNING OBJECTIVES

- 1. Reveal and discuss the impact of quality sleep in hospitalized patients and the effects on outcomes
- 2. Target encouragement of more widespread appropriate use of the latest means to assess oxygenation and ventilation to promote best practices
- 3. Discuss the evolving perioperative evaluation and management of newly diagnosed obstructive sleep apnea (OSA) and provide tools to recognize this need and ways to optimize care of newly diagnosed OSA
- Indicate the special considerations for patients with OSA undergoing outpatient surgery and offer solutions for reducing or eliminating post-operative complications
- Offer new perspectives in sedation-analgesia practices focusing on reduction of complications while not losing sight of patient comfort

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Institute for the Advancement of Human Behavior (IAHB) and the Society of Anesthesia and Sleep Medicine (SASM). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The IAHB designates this live activity for a maximum of **12.25 AMA PRA Category 1 Credits**™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOTEL INFORMATION

The SASM 5th Annual Meeting will be taking place at the Hilton San Diego Bayfront hotel in San Diego, CA, from October 22-23, 2015. Starting in **June 2015**, please make your hotel reservations online through the American Society of Anesthesiologists (ASA) room block by visiting www.ASAhq.org. Be sure to book your room as soon as possible to ensure availability!

SCHEDULE OF EVENTS

THURSDAY, OCTOBER 22, 2015						
Time	Торіс	Speaker				
	Moderator: Peter Gay, MD, MS					
1:00 – 3:00 pm	Sleep Issues in Hospitalized Patients					
1:00 – 1:05 pm	Welcome – 5-Year Anniversary	Peter Gay, MD, MS				
1:05 – 1:25 pm	Overview: Sleep and Disease Issues in the Hospitalized Patient	David Hillman, MBBS				
1:25 – 1:45 pm	Impact of Sleep on Hospital Outcomes: What Can be Done?	Vineet Arora, MD, MA				
1:45 – 2:05 pm	Sleep in the ICU	Richard J. Schwab, MD				
2:05 – 2:25 pm	OSA and Outcomes After Elective Outpatient Procedures	Amir Sharafkhaneh, MD, PhD				
2:25 – 2:45 pm	Sleep and Circadian Rhythm in the Perioperative Period	Philip Kurien, MD				
2:45 – 3:00 pm	Q&A/Discussion	Panel				
3:00 - 3:30 pm	Break					
	Moderator: Bhargavi Gali, MD					
3:30 - 5:30 pm	Rapid Fire Technology					
3:30 - 3:35 pm	Rapid Fire Technology Overview	Bhargavi Gali, MD				
3:35 - 4:00 pm	High Flow Humidification Therapy	Bernardo Selim, MD				
4:00 - 4:25 pm	Portable Sleep Testing in Hospitalized Patients	Rami Khayat, MD				
4:25 - 4:50 pm	Evolving Options for Respiratory Monitoring on Med/Surgical Floors	Frank Overdyk, MSEE, MD				
4:50 - 5:15 pm	Contrasting Neural Mechanisms of Sleep and Anesthesia	Patrick Purdon, PhD				
5:15 - 5:30 pm	Q&A/Discussion	Panel				
5:30 - 6:00 pm	Welcome Reception					
6:00 - 9:00 pm	Dinner *Additional Fee Applies for Non-Gold Patron Members					
6:00 - 6:05 pm	Welcome and Introductions	Frances Chung, MB BS				
6:05 - 6:10 pm	Anesthesia & Analgesia: New Vision	Jean-Francois Pittet, MD				
6:10 - 6:30 pm	Anesthetic Roulette, Anyone?	David Dawson, MB, ChB, FRCA				
6:30 - 7:30 pm	Dinner					
7:30 - 8:00 pm	Innovation and Entrepreneurship in SDB	Peter Farrell, BE, MS, PhD, DSc				

FRIDAY, OCTOBER 23, 2015							
Time	Торіс	Speaker					
7:00 - 7:30am	Registration and Continental Breakfast						
7:30 - 7:55 am	Annual General Meeting	Frances Chung, MB BS					
	Moderator: Frances Chung, MB BS						
8:00 – 10:15 am	Keynote Speakers and Special Topics						
8:00 – 8:05 am	Welcome	Frances Chung, MB BS					
8:05 - 8:45 am	Keynote: Why Focus on Sleep Hygiene in the Perioperative and Critical Care Settings?	Mervyn Maze, MB, ChB					
8:45 - 9:25 am	Keynote: Sleep Evaluation in Newly Discovered OSA in & After Hospital	Clete Kushida, MD, PhD					
9:25 - 9:55 am	Outpatient ENT Surgery for OSA Patients: Is it Suitable?	Eric Kezirian, MD, MPH					
9:55 - 10:15 am	Q&A/Discussion	Panel					
10:15 – 10:45 am	Refreshment Break and Poster Viewing						
	Moderator: Babak Mokhlesi, MD, MSc						
10:45 - 12:15 pm	Sleep Issues and Post-Operative Complications						
10:45 - 11:10 am	Outpatient General Surgery Complications	Nancy Collop, MD					
11:10 - 11:35 am	Sleep Disordered Breathing & Perioperative Atrial Fibrillation	Reena Mehra, MD					
11:35 - 12:00 pm	Using Mobile to Educate and Empower Patients at Risk	David Cook, MD					
12:00 - 12:15 pm	Q&A/Discussion	Panel					

SCHEDULE OF EVENTS

FRIDAY, OCTOBER 23, 2015 continued						
12:15 - 1:15 pm	Luncheon (Sponsored by Masimo Corporation) With Speaker & Awards	Frances Chung, MB BS Anthony Doufas, MD, PhD				
12:15 - 12:25 pm	Luncheon					
12:25 - 12:50 pm	Moderate Sedation by Anesthesiologists or Non-Anesthesiologists: An Institutional Perspective	Ronald Pearl, MD				
12:50 - 1:00 pm	Research and Abstract Awards	Roop Kaw, MD Anthony Doufas, MD, PhD				
1:00 - 1:10 pm	2014 Research Grant Recipient Presentation Sapna Kudchadkar,					
	Moderator: Girish P. Joshi, MBBS, MD					
1:15 - 2:45 pm	Sleep and Anesthesia Messages					
1:15 - 1:45 pm	New Perspectives in Sedation-Analgesia	Pedro Gambus, MD				
1:45 - 2:10 pm	Procedural Sedation in Patients with OSA	Girish P. Joshi, MBBS, MD				
2:10 - 2:35 pm	Impact of Opioid Free Anesthesia, Low Opioid and Opioid Anesthesia in Bariatric Surgery on Respiratory Complications	Jan Mulier, MD, PhD				
2:35 - 2:45 pm	Q&A/Discussion	Panel				
2:45 - 3:05 pm	Refreshment Break and Poster Viewing					
	Moderator: Dennis Auckley, MD					
3:05 - 4:15 pm	Preoperative Screening for OSA Patients					
3:05 - 3:15 pm	Consensus Statement Methodology and Design	Frances Chung, MB BS				
3:15 - 3:25 pm	Does a Diagnosis of OSA Change Outcome?	Stavros Memtsoudis, MD, PhD				
3:25 - 3:40 pm	Preoperative Screening for OSA	Satya Krishna Ramachandran, MD				
3:40 - 3:55 pm	Best Perioperative Practices for Surgical Patients with Suspected or Known OSA	Dennis Auckley, MD				
3:55 - 4:15 pm	Q&A/Discussion	Panel				
	Moderator: Norman Bolden, MD					
4:15 - 5:00 pm	Obstructive Sleep Apnea Registry - Searching for the Light					
4:15 - 4:30 pm	Design of the Registry	Norman Bolden, MD				
4:30 - 4:50 pm	Early Case Insights	Karen Posner, PhD				
4:50 - 5:00 pm	Q&A/Discussion	Panel				
5:00 pm	i-Pad Give Away and Closing Remarks	Peter Gay, MD, MS				
	The Next Five Years for the SASM					

INVITED FACULTY

Vineet Arora, MD, MA University of Chicago

Dennis Auckley, MD *MetroHealth Medical Center/ Case Western Reserve University*

Norman Bolden, MD MetroHealth Medical Center/ Case Western Reserve University

Frances Chung, MB BS University of Toronto

Nancy Collop, MD Emory Sleep Center

David Cook, MD *Mayo Clinic*

David Dawson, MB, ChB, FRCA *Bradford Teaching Hospital NHS* **Anthony Doufas, MD, PhD**Stanford University School of
Medicine

Peter Farrell, BE, MS, PhD, DSc ResMed, Inc

Bhargavi Gali, MD *Mayo Clinic*

Pedro Gambus, MDHospital Clinic de Barcelona

Peter Gay, MD, MS *Mayo Clinic*

David Hillman, MBBSSir Charles Gairdner Hospital

Girish P. Joshi, MBBS, MD University of Texas Southwestern Medical Center Roop Kaw, MD Cleveland Clinic

Eric Kezirian, MD, MPH *Keck School of Medicine of USC*

Rami Khayat, MD
Ohio State University Wexner
Medical Center

Sapna Kudchadkar, MDJohn Hopkins University School of Medicine

Phil Kurien, MDUniversity of California, San
Francisco

Clete Kushida, MD, PhD Stanford Sleep Medicine Center Mervyn Maze, MB, ChB University of California, San Francisco

Reena Mehra, MD Cleveland Clinic

Stavros Memtsoudis, MD, PhD Weill Cornell Medical College

Babak Mokhlesi, MD, MSc University of Chicago

Jan Mulier, MD, PhD *AZ Sint-Jan Brugge-Oostende AV*

Frank Overdyk, MSEE, MD
Hospira

Ronald Pearl, MD, MPHStanford University School of
Medicine

Jean-Francois Pittet, MD, ChB University of Alabama at Birmingham

Karen Posner, PhD University of Washington

Patrick Purdon, PhD *Massachusetts General Hospital*

Satya Krishna Ramachandran, MD, MBBS University of Michigan

Richard J. Schwab, MDUniversity of Pennsylvania
Medical Center

Bernardo Selim, MD *Mayo Clinic*

Amir Sharafkhaneh, MD, PhD *Baylor College of Medicine*

* Registration Form • Register Online at www.SASMhq.org *

Online registration accepted until Wednesday, October 14, 2015 – Limited Onsite Registration Available

Paper Registrations

By Fax, Email or Mail (SEE CONTACT INFORMATION BELOW)

If you are unable to register

This is how your name will appear on your name badge. *Required

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*FIRST NAME:	*LAST NAME:				
*COMPANY/AFFILIATION:					Online Registrations Online registration will be
SPECIALTY: *F	accepted by visiting www.				
*ADDRESS:	SASMhq.org until October 14, 2015. After October 14,				
	*Cl				2015 limited onsite registration is available.
STATE/PROVINCE: *Z	ZIP: *COUN	NTRY:			
WORK: ()	*EMAIL ADDRESS:				Registration Cancellation All cancellations must be in
Special Needs: ☐ Dietary (Please Spec	cify)				writing and sent via U.S. mai
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REGISTRATION: Please Select One	e of the Following Regis	tration Optior	ıs:		stamped before October 14 2015 will be completely re-
SASM Member:		By 8/31/15	By 9/30/15	After 9/30/15	funded less an administrativ
☐ SASM Member (Physician/Scientist)		\$225	\$300	\$350	fee of \$25.00. NO REFUNDS WILL BE MADE AFTER OC-
☐ SASM NEW Member (Physician Scientist)					TOBER 14, 2015.
Includes 50% Discount on Membership!					Questions?
☐ SASM Member (Allied Health Professio☐ SASM NEW Member (Allied Health Pro			\$250	\$300	Society of Anesthesia
Includes 50% Discount on Membershi			\$275	\$325	and Sleep Medicine
					6737 W Washington St Ste 1300
Non-Member: (Save By Becoming a Men		•	•	After 9/30/15	Milwaukee, WI 53214 info@SASMhq.org
□ Non-Member (Physician/Scientist)					OFFICE: 414-389-8608
☐ Non-Member (Allied Health Profession	al & Fellow/Resident)	\$225	\$300	\$400	FAX: 414-276-7704
Other:		By 8/31/15	By 9/30/15	After 9/30/15	PLEASE NOTE: Registration is
☐ International (Non-US/Canada Based)	Physician/Scientist	\$150	\$150	\$150	not complete until you receiv
□ Industry		\$550	\$625	\$675	a confirmation email for your registration. If you do not
					receive this email within 7-10
ATTENDANCE: Please Indicate Wh	ether You Are Attending	g the Followin	g Events		days of registration, please contact us at 414-389-8608.
☐ Welcome Reception - \$0 (Thursday, Oc	ctober 22, 2015 from 5:30-6	5:00pm)			It is recommended to bring
Dinner with Invited Speakers (Thursd	lay, October 22, 2015 from	6:00-9:00pm)			your confirmation of registra
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☐ Yes, I will be attending the Speaker D	inner - \$0 (I am a Gold Pat	tron Member)			Registration Fee Includes:
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MEMBERSHIP RENEWAL: Appli ☐ I would like to renew my membersh	 Registration and Course Materials 				
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☐ Gold Patron - \$250 ☐ Active - \$100	Active (International) - \$	\$25 🗀 Associa	ite - \$50 🚨 E	ducational - \$50	Breakfast and Lunch
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