Society of Anesthesia and Sleep Medicine (SASM)

www.sasmhq.org

**Founded:** 2010

**Membership:** 1,349

**Mission Statement:**
The mission of the Society of Anesthesia and Sleep Medicine (SASM) is to advance standards of care for clinical problems shared by Anesthesiology and Sleep Medicine, including peri-operative management of sleep disordered breathing, and to promote interdisciplinary communication, education and research in matters common to anesthesia and sleep.

**Annual Meeting:**
1-1.5 days meeting with workshops held annually since 2011. Meeting precedes the annual American Society of Anesthesiologists (ASA) meeting in October. Average 35-40 abstracts presented and 15 -18 presentations.

**Journal:**
The International Anesthesia Research Society’s (IARS) *Anesthesia and Analgesia (A&A)* Journal. Sleep Section is run by SASM with SASM member as Section Editor.

**Affiliations:**
American Society of Anesthesiologists (ASA), International Anesthesia Research Society (IARS), American Academy of Sleep Medicine (AASM), American College of Chest Physicians (ACCP), American Academy of Pediatrics (AAP), American Society for Pain Management Nursing (ASPMN), Basics of Pediatric Anesthesia, Canadian Pediatric Anesthesia Society (CPAS)
Guidelines Produced:


Guidelines in process:

1) SASM Pediatric Anesthesia Guidelines: Dr. Kimmo Murto, Chair

2) SASM OB Guidelines: Dr. Jennifer Dominguez, Chair

Newsletter:

Produced 2-3 times per year and posted on the website.

Scientific updates:

Literature updates produced quarterly and posted on the website.

Educational materials:


2) OSA Perioperative Help Sheet.

3) OSA, Anesthesia, and Surgery Patient Education Brochure.

4) Slide sets:
   a. OSA
b. Periop OSA

c. Periop PAP therapy

d. Opioids Respiratory Depression

Selected Bibliography (most recent listed first):

(Collaborations resulting from interactions within SASM and/or publications from present and past Board of Directors members)


6) Postoperative Respiratory Depression May Be Related to Undiagnosed Sleep-Disordered Breathing or Obstructive Sleep Apnea. Elleby LM, Sprung


13) Risk factors for opioid-induced respiratory depression in surgical patients: a systematic review and meta-analyses. Gupta K, Nagappa M, Prasad A,


Obstructive sleep apnea, pain, and opioids: is the riddle solved? Lam KK, Kunder S, Wong J, Doufas AG, Chung F. Curr Opin Anaesthesiol. 2016 Feb;29(1):134-40


Postoperative Complications in Patients With Unrecognized Obesity Hypoventilation Syndrome Undergoing Elective Noncardiac Surgery. Kaw R,


44) The impact of sleep apnea on postoperative utilization of resources and adverse outcomes. Memtsoudis SG, Stundner O, Rasul R, Chiu YL, Sun X,


