

SASM 9TH

#SASM19Orlando

ANNUAL MEETING

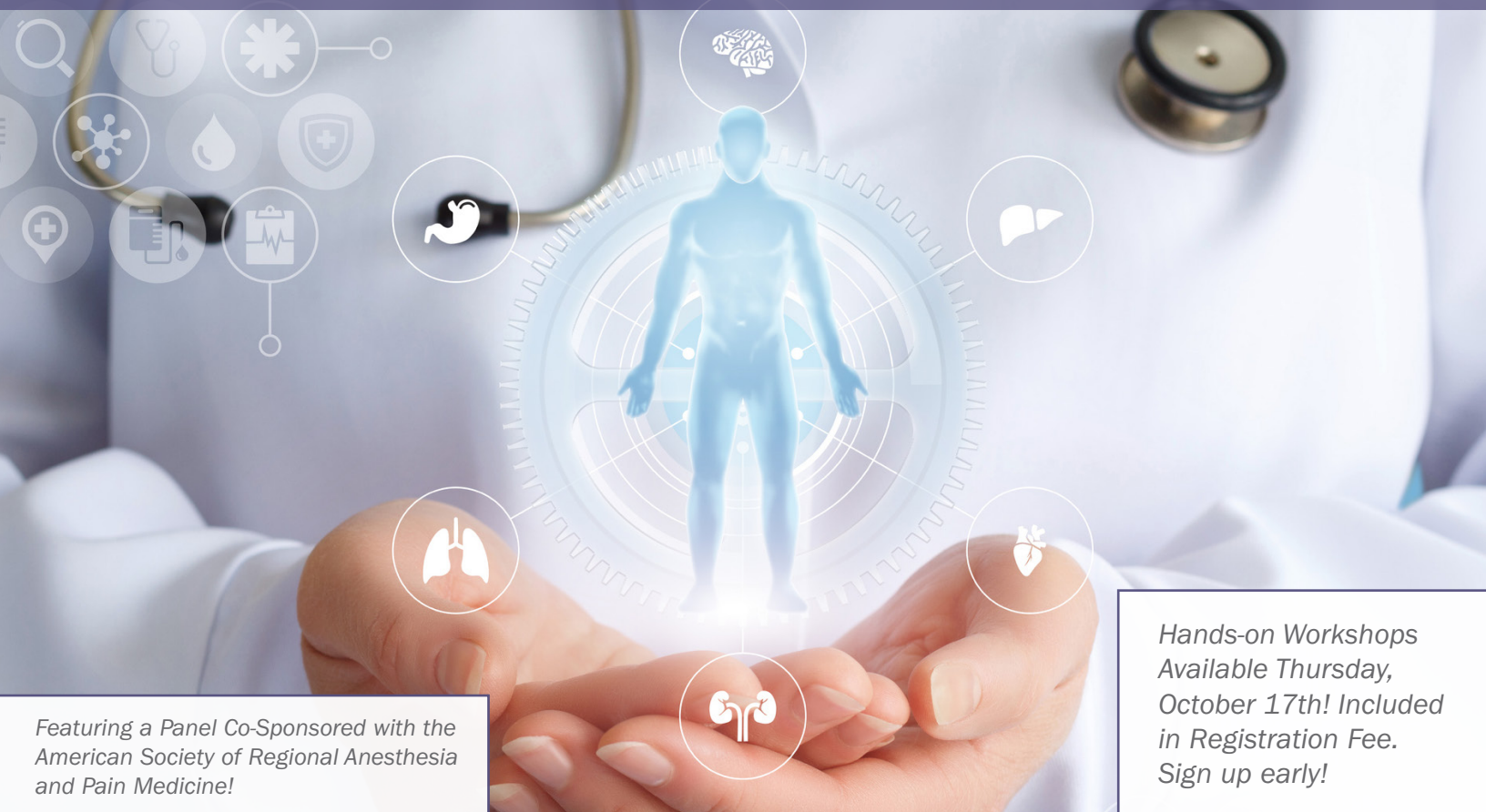
PROGRAM BROCHURE

October 17-18, 2019

Hilton Orlando • Orlando, Florida

**11 AMA PRA
Category 1 Credits™**

State-of-the-Art Technologies, Pharmacology & Pathways



Featuring a Panel Co-Sponsored with the American Society of Regional Anesthesia and Pain Medicine!

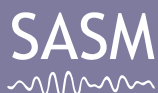
Hands-on Workshops Available Thursday, October 17th! Included in Registration Fee. Sign up early!



ASRA Panel: Regional Anesthesia & Pain Management for the OSA Patient

Program Co-Chairs:

Krish Ramachandran, MD, MBBS, BIDMC, Harvard Medical School
Christine Won, MD, Yale University School of Medicine
Stephen Haskins, MD, Hospital for Special Surgery



6737 W Washington St, Ste 4210 • Milwaukee, WI 53214

(P) 414-389-8608 • (F) 414-276-7704 • www.sasmhq.org • info@sasmhq.org

ACCREDITATION INFORMATION

PROGRAM OBJECTIVE

The objective of this meeting is to provide a forum for discussions pertaining to the common grounds between sleep and anesthesia. The goal is to promote excellence in medical care, research and education in anesthesia, sleep medicine and perioperative medicine.

TARGET AUDIENCE

This conference is designed for anesthesiologists, critical care physicians, residents, fellows-in-training, general medicine physicians, pulmonary physicians, sleep medicine physicians, surgeons, scientists and allied health care professionals.

PRACTICE GAPS

The overall goal of SASM is to advance standards of care for clinical problems shared by anesthesiology and sleep medicine, including perioperative management of sleep disordered breathing (SDB), and to promote interdisciplinary communication, education and research in matters common to anesthesia and sleep.

To identify and address present clinical practice gaps, we propose to explore the following gaps existing today in care of patients with sleep-disordered breathing:

1. Point-of-care ultrasound for assessment and management of the high-risk patient with Obstructive Sleep Apnea (OSA) is largely underutilized, primarily owing to gaps in the knowledge domain.
2. There is limited understanding of patient-centered approaches to management of perioperative sleep.
3. There is limited knowledge of implications of big data and artificial intelligence in the field of sleep and anesthesia.
4. Programmatic needs for in-hospital and post-discharge sleep management are not well defined.
5. There is a need to enhance understanding of high-risk populations within OSA.
6. There is need to study the impact of regional analgesia and pain management on outcomes in patients with Sleep Disordered Breathing (SDB).

LEARNING OBJECTIVES

1. Discuss and understand the use of ultrasound for assessment of the high-risk patient with OSA.
2. Discuss and understand the emerging technologies in sleep and anesthesia that are poised to impact patient care.
3. Discuss and understand the role of emerging pharmacological agents in the management and pathophysiology of SDB.
4. Discuss and understand patient-centered approaches and management of special populations with SDB.

ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by Amedco, LLC and the Society of Anesthesia and Sleep



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Medicine (SASM). Amedco, LLC is jointly accredited by the American Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

SATISFACTORY COMPLETION

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed above, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

CREDIT DESIGNATION STATEMENT

Amedco, LLC designates this live activity for a maximum of **11 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOTEL INFORMATION

The Society of Anesthesia and Sleep Medicine 9th Annual Meeting will be taking place at the Hilton Orlando in Orlando, Florida, October 17-18, 2019. Starting in June 2019, please make your hotel reservations online through the American Society of Anesthesiologists room block by visiting www.ASAhq.org. Be sure to book your room as soon as possible to ensure availability!

SCHEDULE OF EVENTS

ULTRASOUND WORKSHOPS

(Included in Registration Fee!)

The Point of Care Ultrasound for the OSA Patient and Airway Ultrasound and Positive Airway Pressure Workshops will be held on Thursday, October 17th from 1400-1800. There will be a limit of 40 registrants total for both workshops.

Attendees will be split into two groups, 20 people in each group, and will attend each workshop and switch half-way through. Total time for each workshop will be 2 hours each. A waiting list will be established for those who'd like to attend the workshops once registration is full.

THURSDAY, OCTOBER 17, 2019

1400-1800

Point of Care Ultrasound for the OSA Patient Workshop

Lead: Stephen Haskins, MD

Instructors: Nibras Bughrara, MD; Melissa Byrne, DO, MPH;

Jemiel Nejim, MD; Oliver Panzer, MD

Learned Focused Cardiac, Lung and Gastric Ultrasound.

(Limit: 20 Registrants)

1400-1800

Airway Ultrasound and Positive Airway Pressure Workshop

Leads: Dennis Auckley, MD;

Mandeep Singh, MBBS, MD,

MSc, FRCPC

Instructors: Sarah McConville,

MD; Peter Gay, MD; Nadia

Hernandez, MD; William

Manson, MD

Learn Diagnostic and Procedural Airway Ultrasound, Ultrasound

Guided Regional Blocks and Positive Airway Pressure.

(Limit: 20 Registrants)



FRIDAY, OCTOBER 18, 2019

0700-0800

Continental Breakfast with Exhibitors

0800-0815

Welcome Address: SASM Past, Present & Future

Stavros Memtsoudis, MD, PhD

0815-0930

ASRA Panel: Regional Anesthesia & Pain Management for the OSA Patient

Moderator: Stephen Haskins, MD



0815-0835

The Unique Challenges of Acute and Chronic Pain Management in the Sleep-Disordered Breathing Patient

Eugene Viscusi, MD

0835-0855

Opioid Epidemic and the OSA Patient – A Review of the Literature

Edward Mariano, MD

0855-0915

Regional Anesthesia for the OSA Patient – Is There a Benefit and When Should it Be Used?

Crispiana Cozowicz, MD

0915-0930

Panel Discussion

0930-0945

Break with Exhibitors & Abstract Poster Viewing

0945-1015

KEYNOTE ADDRESS: Artificial Intelligence and Sleep – The Next Frontiers

Nate Watson, MD

1015-1200

Emerging Technologies – Sleep & Anesthesia

Moderator: Krish Ramachandran, MD, MBBS

1015-1035

Top 5 Technologies in 2019 – Sleep & Anesthesia

Jonathan Wanderer, MD, MPhil

1035-1055

Can Big Data Analytics Support Personalized Sleep Medicine?

Allan Pack, MBChB, PhD, FRCPC

1055-1115

Big Data in Postoperative Monitoring – What's Changing?

Ashish Khanna, MD

1115-1135

Wearables and Interactive Devices for Post-Discharge

John Pearson, MD

1135-1200

Panel Discussion

1200-1230

Break with Exhibitors & Abstract Poster Viewing

1230-1330

Annual General Meeting & Best Abstract Awards Luncheon

1230-1300

Annual General Meeting

Stavros Memtsoudis, MD, PhD

1300-1330

Best Abstract Awards Presentations

Toby Weingarten, MD &

Malin Jonsson Fagerlund, MD, PhD

SCHEDULE OF EVENTS

FRIDAY, OCTOBER 18, 2019 *continued*

<p>1345-1415 KEYNOTE ADDRESS: Postoperative Sleep as a Patient-Centered Outcome After Hospital Discharge – Implications for QOL and Safety <i>Rebecca Aslakson, MD</i></p>	<p>1600-1715 Disease Mechanisms and Pathways <i>Moderator: Christine Won, MD, MSc</i></p>
<p>1415-1545 Emerging Pharmacology <i>Moderator: Dennis Auckley, MD</i></p>	<p>1600-1620 In-Hospital Sleep Program – Challenges & Success Stories <i>Lauren Tobias, MD</i></p>
<p>1415-1435 Sleep Promoting Pharmacologies – New Agents and Challenges <i>Dennis Auckley, MD</i></p>	<p>1620-1635 Postoperative Central Sleep Apnea to Treat or Not to Treat <i>Christine Won, MD, MSc</i></p>
<p>1435-1455 Alertness Promoting Pharmacologies – New Agents and Outcomes <i>Lynn Trotti, MD</i></p>	<p>1635-1655 High Risk OB and SDB: Sleep Medicine & Anesthesia Update <i>Jennifer Dominguez, MD & Judette Louis, MD, MPH</i></p>
<p>1455-1515 Delirium and Sleep After Cardiac Surgery – New Avenues <i>Balachunder Subramaniam, MD</i></p>	<p>1655-1715 Panel Discussion & Announcement of Giveaway</p>
<p>1515-1535 Gabapentin: ERAS Darling with a Dark Side: Do Associated Respiratory Depression Deaths Warrant Pathway Caution? <i>Michael Pilla, MD</i></p>	<p>1715-1815 Cocktail Reception</p>
<p>1535-1545 Panel Discussion</p>	
<p>1545-1600 Break with Exhibitors & Abstract Poster Viewing</p>	

MEETING FACULTY

Rebecca Aslakson, MD
Stanford University

Dennis Auckley, MD
MetroHealth Medical Center

Crispiana Cozowicz, MD
Paracelsus Medical University

Nibras Bughrara, MD
Albany Medical College

Melissa Byrne, DO, MPH
University of Michigan

Jennifer Dominguez, MD
Duke University Medical Center

Peter Gay, MD
Mayo Clinic

Stephen Haskins, MD
*9th Annual Meeting Program
Co-Chair
Hospital for Special Surgery*

Nadia Hernandez, MD
*University of Texas at Houston
McGovern School of
Medicine*

Malin Jonsson Fagerlund, MD, PhD
Karolinska Institutet

Ashish Khanna, MD
Cleveland Clinic

Judette Louis, MD, MPH
*University of South Florida,
Tampa*

William Manson, MD
*University of Virginia Health
System*

Edward Mariano, MD
Stanford University

Stavros Memtsoudis, MD, PhD
Hospital for Special Surgery

Jemiel Nejim, MD
Hospital for Special Surgery

Allan Pack, MBChB, PhD, FRCP
University of Pennsylvania

Oliver Panzer, MD
*Columbia University Irvine
Medical Center*

John Pearson, MD
*Beth Israel Deaconess Medical
Center*

Michael Pilla, MD
Vanderbilt University

Satya Krishna Ramachandran, MD, MBBS
*9th Annual Meeting Program
Co-Chair
Beth Israel Deaconess Medical
Center
Harvard Medical School*

Mandeep Singh, MBBS, MD, MSc, FRCP
*University Health Network
Toronto*

Balachunder Subramaniam, MD
*Beth Israel Deaconess Medical
Center*

Lauren Tobias, MD
Yale School of Medicine

Lynn Trotti, MD
Emory University

Eugene Viscusi, MD
*Thomas Jefferson University
Hospitals*

Jonathan Wanderer, MD, MPhil
*Vanderbilt University Medical
Center*

Nate Watson, MD
University of Washington

Toby Weingarten, MD
Mayo Clinic

Christine Won, MD, MSc
*9th Annual Meeting Program
Co-Chair
Yale University School of
Medicine*

REGISTRATION FORM

Register Online at www.SASMhq.org

Online registration accepted until Wednesday, October 9, 2019 – Limited onsite registration available

*Required

*FIRST NAME: *LAST NAME:

This is how your name will appear on your name badge.

*COMPANY/AFFILIATION:

SPECIALTY: *PLEASE STATE YOUR HIGHEST DEGREE(S):

*ADDRESS: *CITY:

STATE/PROVINCE: *ZIP: *COUNTRY:

WORK: () - *EMAIL ADDRESS:

Special Needs: Dietary (Please Specify)

REGISTRATION: Please select one of the following registration options:

SASM Member:

By 9/30/19.....After 9/30/19

- Physician/Scientist\$275..... \$325
- Allied Health Professional.....\$225..... \$275
- Resident/Fellow\$200..... \$250

NON-Member: (Save by Becoming a New Member!)

By 9/30/19.....After 9/30/19

- Physician/Scientist\$350..... \$400
- Allied Health Professional.....\$300..... \$350
- Resident/Fellow\$250..... \$300

Other:

By 9/30/19.....After 9/30/19

- International (Non-US/Canada based)\$225..... \$275
- Industry\$600..... \$650

WORKSHOPS: Please indicate if you are attending the workshops.

Included in your Registration Fee!

- 1400-1800 Workshops

MEMBERSHIP RENEWAL: Applicable to returning members only

Renewal period: 1/1/19 - 12/31/19

- I would like to renew my membership to SASM to receive a discount on my registration.
(For more information on different membership categories, please visit www.SASMhq.org).

- Gold Patron - \$250 Active - \$115 Active (International) - \$40 Associate - \$65 Educational - \$65

METHOD OF PAYMENT:

TOTAL DUE:

1. **Check:** Make payable (in US funds) to SASM. **There is a \$25.00 returned check fee.**
2. **Credit Card:** (Visa MasterCard American Express Discover)

NAME ON CARD: No.

Sec. Code Exp. Date / Signature: _____

Paper Registrations
By Fax, Email or Mail
(SEE CONTACT INFORMATION BELOW)

If you are unable to register online, please fax, email or mail your paper registration form.

Online Registrations

Online registration will be accepted by visiting www.SASMhq.org until October 9, 2019. After October 9, 2019, limited onsite registration is available.

Registration Cancellation

All cancellations must be in writing and sent via U.S. mail, email or fax. Notice for cancellations postmarked or date stamped before **October 9, 2019** will be completely refunded less an administrative fee of \$25.00. **NO REFUNDS WILL BE MADE AFTER OCTOBER 9, 2019.**

Questions?

Society of Anesthesia and Sleep Medicine

6737 W Washington St
Ste 4210

Milwaukee, WI 53214
info@SASMhq.org

OFFICE: **414-389-8608**

FAX: **414-276-7704**

PLEASE NOTE: Registration is not complete until you receive a confirmation email for your registration. If you do not receive this email within 7-10 days of registration, please contact us at 414-389-8608.

It is recommended to bring your confirmation of registration with you to the conference.

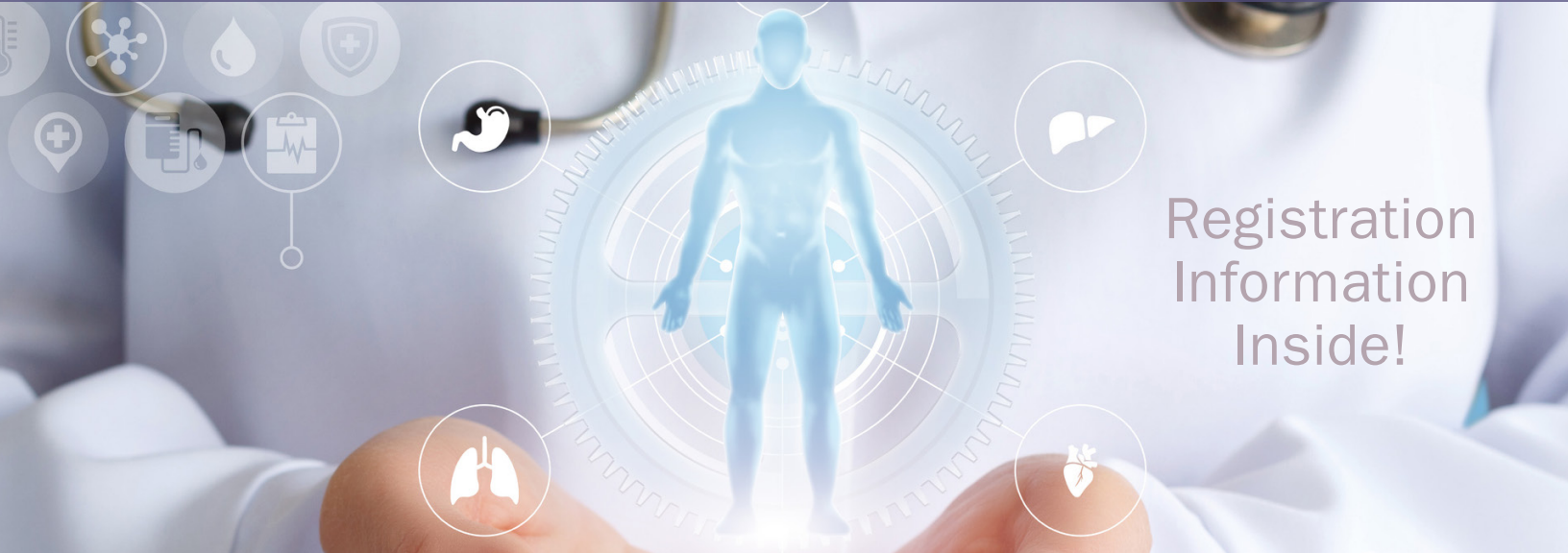
Registration Fee Includes:

- 11 AMA PRA Category 1 Credits™
- Registration and course materials
- Continental breakfast, breaks, lunch and reception

SASM 9TH ANNUAL MEETING PROGRAM BROCHURE

#SASM19Orlando

October 17-18, 2019 • Hilton Orlando • Orlando, Florida



Registration
Information
Inside!

State-of-the-Art Technologies, Pharmacology & Pathways

Society of Anesthesia and Sleep Medicine
6737 W Washington Street
Suite 4210
Milwaukee, WI 53214

**SASM**